

SQUAD NEWS

Issue 3

January/February 2012

About the Squad

Pinnacle Youth Squad trains on Sunday afternoon, with coaching on movement skills and competition approach. Squad members are chosen based on climbing skill, drive and attitude. If you feel that you or your child is a position to join our squad for competitions nationally, please talk to a member of staff. Some assessment may be necessary, or we may recommend a level that must be reached before we offer an invitation to join the squad in training sessions.

Lead Belaying Course

We are very pleased to be offering lead belaying courses specifically for squad parents. These are three week courses for £50 and include the squad member as the climber.

Squad Coaching

Just a reminder that squad get one-on-one coaching with Alex at a reduced rate of £25 a session or £80 for four sessions. These can even be taken as a small group to spread the cost.

Competitions

After a chilly comp in the beautiful church building of Derby's Alter Rock, the squad are preparing themselves for an intense couple of weeks this February.

Round 4 of the MY Series is coming up in the Nottingham Climbing Centre, and the following week sees us at Creation in Birmingham for the BMC Youth Climbing Series.

The BMC competitions feature three national rounds, and are a more intense and focused set of competitions, with a big final in EICA, Ratho. These comps are run to the strict rules enforced in European competitions.

Good Luck Pinnacle Youth Squad!

Squad Calendar

There is now a calendar online just for squad events, competitions and training!

Go to thepinnaclecentre.co.uk and click on the squad page to see the calendar. You can even sync it with your own online calendar!

There is full details on each of the comps, address for the comp, and a link to the host wall's website.